



Course Description:

This course covers the skills and knowledge required to utilize a pre rigged rescue kit for the purpose of working at heights and minimising the impact of suspension intolerance.

Course Content:

- Legislation
- Hazard Identification and risk assessment
- Individual and Rescue team safety
- Selection of suitable anchor points and edge protection
- Correct fitting and adjustment of fall arrest harnesses
- Correct inspection, setup and use of a rescue kit to access a casualty and evacuate to safety
- First Aid treatment for suspension intolerance

Delivery Method:

Face to Face training will be conducted over a period 4 hrs.

Training can be conducted both on or offsite provided access to an elevated position that can be used for rescue kit training.

Group Size:

To ensure quality training and a safe learning environment, the maximum allowable group size is 8 participants.

What information will PARCOR require?

Due to training requirements, PARCOR will need to be provided with the following information prior to training commencement;

- Copy of procedures your organisation uses for Safe Working at Heights
- Type of Rescue kit used.

What will your organisation receive?

- Certificate of Completion for individual participants
- Certificate of Attendance for your Health and Safety Office compliance file